

TEXAS DEPARTMENT OF HOUSING AND COMMUNITY AFFAIRS

HOUSING AND HEALTH SERVICES COORDINATION COUNCIL
MEETING

Room 3501
Brown Heatly Building
4900 N. Lamar Boulevard
Austin, Texas

January 6, 2016
10:03 a.m.

COUNCIL MEMBERS PRESENT:

TIMOTHY IRVINE, Chair
DONI GREEN, Vice Chair
MARTHA BAGLEY
SUZANNE BARNARD
JUSTIN COLEMAN (by BRADLEY BAIRD)
DAVID DANENFELZER (by MICHAEL WILT)
REV. KENNETH DARDEN
RICHARD DE LOS SANTOS
ALLYSON EVANS
MICHAEL GOODWIN
MICHELLE MARTIN
ANNA SONENTHAL

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P R O C E E D I N G S

MR. IRVINE: Good morning, everyone. Happy
New Year.

My name is Tim Irvine. I'm with the Texas
Department of Housing and Community Affairs. I'm just
saying that because I see a few new faces in the room,
and after we do roll call, we'll actually have
introductions.

So roll call. Suzanne Barnard?

MS. BARNARD: Here.

MR. IRVINE: Richard De Los Santos?

MR. DE LOS SANTOS: Here.

MR. IRVINE: David Danenfelzer?

(No response.)

MR. IRVINE: Allyson Evans?

MS. EVANS: Here.

MR. IRVINE: Martha Bagley?

MS. BAGLEY: Here.

MR. IRVINE: Michelle Martin?

MS. MARTIN: Here.

MR. IRVINE: Anna Sonenthal?

MS. SONENTHAL: Here.

MR. IRVINE: Justin Coleman?

MR. BAIRD: Brad Baird for Justin Coleman.

MR. IRVINE: Doni Green?

1 MS. GREEN: Here.

2 MR. IRVINE: Mike Goodwin?

3 MR. GOODWIN: Here.

4 MR. IRVINE: Kenneth Darden?

5 (No response.)

6 MR. IRVINE: We have, apparently, a quorum, so
7 we are in business.

8 Now let's have introductions and start the
9 year knowing who we are.

10 MS. MARTIN: I'm Michelle Martin. I'm with
11 DADS. This is my first meeting. I'm the director of the
12 Center for Policy and Innovation at DADS.

13 MR. BAIRD: My name is Brad Baird. I'm with
14 the Texas Veterans Commission. This is also my first
15 meeting. I'm with government relations at the Veterans
16 Commission and run the Texas Coordinating Council for
17 Veterans Services.

18 MR. GOODWIN: My name is Mike Goodwin. I'm a
19 governor appointee as the representative for developers.
20 I live in Boerne, Texas.

21 MS. SONENTHAL: I'm Anna Sonenthal. I'm with
22 Department of State Health Services in Adult Mental
23 Health Program Services.

24 MS. CARDONA-BEILER: Good morning. My name is
25 Darilyn Cardona-Beiler with Austin-Travis County Integral

1 Care, and I'm here to present on our project Housing
2 First.

3 MS. SHILSON: Hi, everyone. My name is
4 Kristin Shilson. I'm with DSHS, Home and Community Based
5 Adult Mental Health Programs, and I'm here today to
6 present on our program.

7 MS. RICHARD: And I'm Terri Richard, Texas
8 Department of Housing and Community Affairs.

9 MS. GREEN: I'm Doni Green, Director of Aging
10 for the North Central Texas Council of Governments in
11 Arlington, and representing the Promoting Independence
12 Advisory Committee.

13 MR. DE LOS SANTOS: My name is Richard De Los
14 Santos. I'm with the Texas Department of Agriculture.

15 MS. BAGLEY: I'm Martha Bagley. I'm with
16 DARS, Division for Blind Services.

17 MS. EVANS: I'm Allyson Evans, and I'm a
18 policy analyst with the Medicaid Division at Health and
19 Human Services.

20 MR. WILT: Michael Wilt, External Relations
21 for the Texas State Affordable Housing Corporation, here
22 on behalf of David Danenfelzer.

23 MS. BARNARD: Suzanne Barnard. I'm the
24 director for the Community Development Block Grant
25 Program at the Department of Agriculture.

1 MR. IRVINE: Let's go around the whole room.

2 MS. YOUNG: I'm Cacki Young with Foundation
3 Communities.

4 MR. LITTLE: Michael Little, Chief of External
5 Affairs for TDHCA.

6 MR. ECCLES: Beau Eccles, General Counsel,
7 TDHCA.

8 MS. KEARNEY: Joy Kearney with DSHS, with the
9 Home and Community Based Services Adult Mental Health
10 Program, here to present today.

11 MS. LAVELLE: Tanya Lavelle with Easter Seals
12 Central Texas.

13 MR. DURAN: Spencer Duran, 811 manager, TDHCA.

14 MR. IRVINE: Okay. Great. Who's on the
15 phone?

16 MS. CARLTON; Belinda Carlton, Texas Council
17 for Developmental Disabilities.

18 MS. OPOT: Kelly Opot with CSH.

19 MR. IRVINE: Anybody else?

20 MR. RAMOS: David Ramos with the Coastal Bend
21 Area Agency on Aging, Aging and Disability Resource
22 Center.

23 MR. IRVINE: Fantastic.

24 Before we jump in, just some ground rules.
25 Got to have ground rules. This is a very collaborative,

1 freewheeling group and we assume that everybody is here
2 because you've got interest and as a result, you probably
3 have things to contribute, so we like contribution. But
4 as you can see, we have a court reporter recording our
5 activities, so if you're going to come up and
6 participate, please just come on up to the table, have a
7 seat so that you can be close enough to a microphone for
8 her to pick it up and get you on the transcript. Also,
9 when you speak, if you could say who you are and who
10 you're representing. That way the court reporter can
11 record everybody correctly. It's part of our commitment
12 to transparency that everything we do is out there for
13 the whole world to see and review.

14 With that aside, the other thing I want to
15 mention, especially for the new folks, we do run this
16 meeting in accordance with the Texas Open Meetings Act,
17 and what that means is a couple of things. One is for
18 you to count towards a quorum you have to be physically
19 present; unfortunately, the Open Meetings Act does not
20 allow members of the council to participate by telephone.
21 So if you're unable to make it, please try to send a
22 proxy or someone, such as some of the folks have done
23 here today. There have been a couple of meetings where
24 we've kind of been nip and tuck to the last second as to
25 whether we were going to have a quorum, and if we don't

1 have a quorum, then we all go home.

2 The other thing is under the Texas Open
3 Meetings Act you can't talk about things that weren't on
4 the posted agenda, and that way the public knows what
5 we're talking about and they have an opportunity to say:
6 Hey, that's something that interests me, I'm going to get
7 up and come all the way in from wherever to participate.
8 So if you ever have something that you really want to be
9 put in front of the council, please call me or Terri, and
10 we'll get it on the agenda and that way it can actually
11 be discussed.

12 Other than that, unless anybody else has
13 preliminary remarks, we'll jump into the formal agenda.
14 We've all had a copy of the meeting minutes from October
15 21, and I'd entertain a motion to adopt those minutes.

16 MS. GREEN: Move approval.

17 MR. IRVINE: Second?

18 MS. BAGLEY: I second.

19 MR. IRVINE: Motion and a second. Is there
20 any discussion?

21 (No response.)

22 MR. IRVINE: Hearing none, all in favor say
23 aye.

24 (A chorus of ayes.)

25 MR. IRVINE: Any opposed?

1 (No response.)

2 MR. IRVINE: No opposition. The minutes are
3 unanimously approved.

4 We will now move to Spencer Duran who runs our
5 811 Program, and he's going to give us an update on that
6 program.

7 MR. DURAN: Spencer Duran, Section 811 manager
8 for TDHCA.

9 I'm really excited to be here today. We have
10 a lot of stuff going on with the program. I'm going to
11 try not to duplicate the big list of updates that I
12 provided to you all at your last meeting, but we do have
13 some new information to share. Notably, our current
14 count of participating properties is at eighteen, and I
15 want to say current count because the environmental
16 clearance process is still being completed by our senior
17 environmental specialist, and so through the
18 environmental clearance we could still have some
19 properties drop out. And if that was the case, then we
20 would try and figure out some way to cure that deficiency
21 to prevent them from dropping out of the program, but
22 ultimately, at the end of the day we could still lose
23 some properties.

24 Additionally, we still could gain some
25 properties if, theoretically, a tax credit property

1 wasn't able to fulfill their obligations, those credits
2 could be cycled and we could subsequently get one in the
3 end. But nevertheless, we currently have eighteen
4 properties spread across fourteen Texas cities.

5 And over the next several weeks, we're going
6 to be going out and conducting in-person training to the
7 service provider networks and the property management
8 staff and the property owners. We're going to
9 concentrate our training efforts in the areas that have
10 existing properties, so as you may recall, through the
11 2015 Qualified Allocation Plan, participating properties
12 had one of two options they could do: they could apply
13 the 811 units on their principal property under the 2015
14 QAP round that was going to be receiving the tax credits,
15 or they could have deferred and placed those 811 units on
16 an approved existing development. So those approved
17 existing developments have already been physically
18 constructed and they're essentially ready to start
19 receiving applicants.

20 And so we basically have eight existing
21 properties that are in six areas, so that's Dallas,
22 Brownsville, Houston, San Elizario, El Paso, and Austin.
23 So those are the areas that we're going to be training
24 first and those are the areas that are going to have the
25 first lease-ups occur. Because we've already conducted

1 the training in El Paso, or San Elizario, specifically,
2 that's where our first lease-ups will occur.

3 So the eighteen properties -- this is maybe a
4 little too much detail -- we have one property agreement
5 that's been signed, and the property agreement is a
6 contract between TDHCA and the property itself and it
7 kind of has all the nuts and bolts and requirements and
8 obligations of the property. So each of the eighteen are
9 going to be signing what we call a property agreement.
10 One has been signed by Tim, so fully executed, and I have
11 eleven that I'm still preparing that I just need to
12 physically print out and hand to Tim to sign.

13 We have three properties that we're waiting on
14 them to give us their signature, and then we have another
15 three properties that have not signed because they have
16 questions. They don't have material issues with the
17 contract, but they do have what I would call some
18 clarifying questions and they're holding off signing
19 until we answer those questions.

20 So in addition, we did add the El Paso MSA to
21 the program, so now 811 is operating in eight MSAs, and
22 we did that in response to requests from the community at
23 large.

24 MS. SONENTHAL: You said El Paso.

25 MR. DURAN: I'm sorry. I meant Corpus

1 Christi. Thank you, Anna. I'm so sorry. I meant
2 Corpus. We already had El Paso in the hopper. So there
3 are eight metropolitan statistical areas and the new
4 addition is Corpus Christi.

5 Additionally, 811 has remained in the
6 Qualified Allocation Plan for the 2016 round with a two
7 point option, like we had in the 2015 round, and we
8 essentially netted eighteen properties in the 2015 round,
9 so we hope to replicate that success in 2016.

10 In addition, we have released a stand-alone
11 request for applications so that properties that are in
12 the TDHCA portfolio or even properties that are not in
13 the TDHCA portfolio that are otherwise eligible. There's
14 a lot of eligibility criteria, but we've essentially
15 opened up the program to a wide variety of properties
16 that may not necessarily be jumping into 811 because of
17 the Tax Credit Program. They could be an existing stand-
18 alone property that meets the criteria and want to start
19 participating in the 811 kind of their own volition.

20 In addition to that, Section 811 has been
21 added to the multifamily direct loan NOFA. This is
22 oftentimes referred to as the HOME/TCAP NOFA, and 811
23 participation is one point in that NOFA. I'm sorry. A
24 NOFA is a notice of funding availability. It's a way
25 that we distribute funding or resources to participating

1 properties and entities.

2 So the opportunities for 2016, we have the
3 2016 Qualified Allocation Plan for the Tax Credit
4 Program, and then we have the multifamily direct loan
5 NOFA, and then we have that RFA, that request for
6 applications. So if you know of any interested
7 properties that may want to jump in, there are a variety
8 of venues that they can do so, and they can talk to me
9 and we can help them apply to whatever program is
10 applicable to them.

11 And Terri, that's all I have.

12 Ms. GREEN: Spencer, do you know how many
13 units are available through the eighteen properties?

14 MR. DURAN: Yes. It will be over 180 units.
15 In general, it's ten units per property. One has given
16 us a little less and three have given us a little more.

17 MR. IRVINE: Let the record reflect that
18 Reverend Darden has joined the meeting.

19 MR. GOODWIN: This, I guess, is a question for
20 both you and Terri. Have either of you heard from
21 anybody in the State of Mississippi regarding housing for
22 persons with disabilities and trying to tie into the 811
23 Program?

24 MR. DURAN: I'm trying to think. So there are
25 25 states that were awarded Section 811 funds, just like

1 we were here in Texas. I don't have my list of those
2 states in front of me.

3 MR. GOODWIN: They're not one. I went to
4 their housing meeting four months ago, and they had this
5 big presentation on exactly what we're doing here in
6 Texas, and they're starting in ground zero. They've got
7 a PhD over there that has done statistics out the kazoo,
8 and I recommended that he contact either you or Terri for
9 somebody that's been through this and the resources that
10 are available. I just wondered if they took that
11 opportunity to get some education.

12 MR. DURAN: I would be happy to talk to them.
13 No one has contacted me from Mississippi. We have done a
14 lot of kind of informal technical assistance to a lot of
15 other states because although we haven't yet served any
16 households, we do have a lot more experience because
17 we're part of the very first class of the new version of
18 811, and so we got \$12 million the first round and an
19 additional \$12 million the second round, so all of those
20 second round states did contact us. For a state like
21 Mississippi, it would be difficult for them to jump into
22 811 at this time because I don't think that HUD has an
23 open NOFA right now. But I'm always happy to talk to
24 people who are interested in working on housing and
25 services collaborations.

1 MS. RICHARD: I haven't been contacted.

2 MR. IRVINE: Just a couple of clarifying
3 points, maybe questions. With regard to the eighteen
4 properties that are already in the program because of the
5 prior QAP, the cycle is closed for that, so if there is
6 any fallout from that, those credits would come into this
7 year's QAP. So really, the two documents you talked
8 about, the HOME/TCAP NOFA and the other request for
9 applications, would be the two primary sources.

10 And just a reminder for everybody, this is a
11 pilot program, and as a result, it is not statewide, it
12 is confined to the eight communities that were described,
13 but hopefully someday it will be a statewide program.

14 Anything else? As always, like I said at the
15 outset, this is collaborative, so if you've got questions
16 or suggestions or ways that you think we might consider
17 improving the expansion and efficacy of the 811 Program,
18 please call Spencer and provide your insights.

19 MR. DURAN: Thank you.

20 MR. IRVINE: Next we're going to get an
21 overview of Housing First from Darilyn Cardona-Beiler.

22 MS. CARDON-BEILER: Thank you very much. Good
23 morning, everyone. Thank you for the opportunity to
24 present to you all on our very exciting project, Housing
25 First Oak Springs.

1 MS. RICHARD: And you also have handouts that
2 were under your packet that were also from Darilyn.

3 MS. CARDONA-BEILER: My name is Darilyn
4 Beiler. I'm the associate director of Adult Behavioral
5 Services for Austin Travis County Integral Care.

6 And for those of you who are not familiar with
7 our organization, we are the local behavioral health
8 authority for Travis County. We provide services across
9 the county, and we provide an array of services,
10 including behavioral health, housing services, homeless
11 services, crisis services, and intellectual and
12 developmental disabilities. Over the course of the years
13 we have been providing housing services, however, our
14 housing portfolio had not been the priority for our
15 organization, even though we had been providing services
16 in that area for many, many years.

17 Over the last three years, our organization
18 has been going through a transformation in which we have
19 been looking at the real needs of the consumers served.
20 Over our community we have been primarily prioritizing
21 and providing services related to behavioral health,
22 related to crisis services, however, we have noticed that
23 a vast majority of the people we serve are homeless.

24 MS. CARLTON: This is Belinda. Is behavioral
25 health, mental health or substance abuse?

1 MS. CARDONA-BEILER: Behavioral health, we
2 include substance abuse as part of behavioral health, so
3 we provide behavioral health, substance abuse disorder
4 treatment, intellectual disability services, crisis
5 services. We provide a wide array of services.

6 So over time what we have noticed is that
7 approximately 14 percent of the population we serve are
8 homeless, and in our county all of the services -- I'd
9 like to present the Maslow Hierarchy of Needs -- in our
10 community around Austin and Travis County, most of the
11 services provided are geared to helping individuals at
12 the top of that Hierarchy of Needs. What we wanted to do
13 was to step back and really look at the basic needs of
14 those individuals we serve to make sure that we give them
15 the safety and security they need to be able to move
16 through their recovery journey.

17 Some of the challenges we are experiencing in
18 Austin, and I'm sure you all are very familiar with that,
19 we are at 98 percent. We are experiencing a lot of
20 issues with gentrification, and our staff, our case
21 managers are constantly having to relocate individuals
22 from one place to another as leases expire, the rents are
23 increased, and we're finding the need to put a consistent
24 amount of effort in trying relocate individuals and work
25 on homeless prevention because once individuals are not

1 able to pay for the rent increases, then they are
2 potentially going to be homeless.

3 We have approximately 2,000 individuals in our
4 community who are homeless, and as I mentioned before, 32
5 percent are considered chronically homeless. ATCIC
6 serves approximately 20,000 individuals a year -- that's
7 across our continuum of care -- and of that, 14 percent
8 are coming to us indicating that they're homeless. Of
9 the 32 percent chronically homeless we have estimated in
10 our community -- and this is information that we're
11 gathering from HMIS which stands for Homeless Management
12 Information System -- approximately 60 percent of that 32
13 percent suffer from severe and persistent mental illness
14 or have a substance use disorder.

15 We have been working with the city, the county
16 and the state, especially the Department of State Health
17 Services, to look at ways to provide more support and
18 more housing resources for our consumers. Currently we
19 have one hundred consumers on our wait list to access
20 shelter and rental assistance, and the wait list across
21 the board, what we're hearing from the housing
22 authorities, is over one year at this point.

23 So taking all those challenges into account,
24 what we are working on at this point is implementing the
25 Housing First philosophy across all of our continuum of

1 services. That is including tenant-based rental
2 assistance programs, our programs funded by the COC, the
3 continuum of care HUD-funded programs, and also our own
4 properties as well. And Housing First is an evidence-
5 based practice that has been proven to work across the
6 nation with great success, and we are seeing already in
7 our second year of implementation some amazing outcomes
8 ourselves in terms of people able to achieve recovery and
9 maintain stability, and what we're trying to do is
10 identify those individuals with the highest need and
11 bring them into housing and decrease the barriers to get
12 them in housing.

13 We have a significant amount of resources in
14 our community that we could potentially access, however,
15 the population we're focusing on is that population that
16 everyone is saying no to. So those are the individuals
17 who have criminal background histories, individuals with
18 no good rental history, those individuals that are not
19 able to access our traditional affordable housing units,
20 those are the ones who we're targeting ourselves to
21 provide them opportunities.

22 In 2014, DSHS made available some resources
23 that were utilized to spearhead this collaboration, and
24 you may have already heard about Health Community
25 Collaborative. We were really thankful and honored to be

1 one of five communities who received the initial
2 allocation. We received \$3.5 million the first year, and
3 of that, we allocated \$1.4 million to build a Housing
4 First project, and the rest of the money has been
5 utilized to create a system transformation. And this
6 system has been just amazing to see the impact across our
7 community. We have been able to implement coordinated
8 assessment, and coordinated assessment is a process in
9 which all of our homeless individuals are triage and
10 assessed using a single instrument, and from that point
11 they are identified by providers in our community and
12 then matched with the appropriate level of intervention
13 and housing available.

14 We have been able to increase our behavioral
15 health opportunities for our homeless individuals, our
16 homeless consumers, provide access to primary and
17 substance use treatment, increase our peer recovery and
18 housing-based case management, and also worked on rapid
19 rehousing strategies, something that the community has
20 been kind of like teetering but not fully embracing and
21 taking on to work with the chronically homeless
22 population. And of course, we are working on developing
23 permanent supportive housing units.

24 The project I would like to discuss with you
25 is the Housing First Oak Springs building, however, I

1 wanted to make sure that I talked a little bit about the
2 partners in our community working together to make this
3 possible. We have a relationship with ECHO. ECHO is our
4 continuum of care. They are the provider for the
5 coordinated assessment system, so they are doing an
6 exceptional job and really working with homeless service
7 providers, housing providers, the county, city, the
8 criminal justice system, to make sure that we have a
9 system to really assess the needs in Travis County.

10 And as part of the collaborative, we wanted to
11 make sure individuals had a choice where they were going
12 to be living, and not everyone is ready to go into an
13 apartment or we felt that they needed to have more
14 opportunities rather than just going to a single site.
15 So we developed a relationship with Mobile Loaves and
16 Fishes, and Mobile Loaves and Fishes is in the process of
17 developing a community to serve 250 individuals and all
18 of those individuals will be assessed or selected from
19 our coordinated assessment strategy.

20 And if you haven't had a chance to go and
21 visit the community, I really encourage you to do that.
22 It's just heartwarming to see the work of this group and
23 what they're doing to reach the most fragile. In
24 collaboration with us, they are building 250 micro homes
25 and they're providing those opportunities to consumers,

1 and Integral Care will be providing supportive services
2 on site, and we'll be working with Community Care to
3 provide primary care on site as well. We're working with
4 Caritas, Front Steps, Salvation Army, Austin Recovery is
5 a provider of substance use treatment services, Goodwill
6 is playing a big role in the provision of supportive
7 employment services, and Communities for Recovery is the
8 organization to provide peer support.

9 So the Housing First Oak Springs facility, we
10 have a very nice picture on the information I passed. We
11 have a case statement with some information about our
12 statistics, and we also have some great stories,
13 successful stories, and some of our statistics. And the
14 building, we have been working with the architects, and
15 it's this one over here. We have a very large one, I
16 should have brought it, but this is a good representation
17 of the building.

18 The building will be located at 3000 Oak
19 Springs Boulevard, and it's in the process of being
20 developed based on the principles of Housing First which
21 means that this property is different than other
22 affordable housing properties, and it takes into account
23 to make sure that we have services on site, that we have
24 the ability to provide community rooms, have outdoors
25 space for individuals who will be moving into the

1 property, and we will have a beautiful place for people
2 to call home and it will not feel like an institutional
3 setting. That's the primary focus: we want to make sure
4 that it feels like home.

5 Currently we have an existing treatment
6 facility. The facility will be relocating and we
7 anticipate to start construction this spring, if
8 everything goes well. The building will have fifty
9 efficiency apartments, and we anticipate, the plans with
10 the architects right now is to have four floors. And we
11 heard the community and which they wanted to maintain
12 services available to that side of town. Since we
13 currently have a treatment facility at that location, we
14 will dedicate the first floor to provide clinical
15 services available to the entire community. And we will
16 also have a retail space and we're working with Goodwill
17 to provide supportive employment for the residents or
18 anyone who will be engaging services with us. So we have
19 parking for the clinic, for the residents, outdoor space
20 and community rooms, like I just mentioned.

21 Some of the accomplishments and some of the
22 challenges of the collaborative. Right now the
23 accomplishments, of course, is just the community
24 investment. We have been working with the City of Austin
25 and received an award for \$3.6 million to help us with

1 the development of this building and the provision of
2 supportive services moving forward, and like I mentioned,
3 the state has been helpful in terms of providing
4 allocation for not only the services but the capital as
5 well. And we continue to work with foundations and
6 private funders to raise the money needed. The Healthy
7 Community Collaborative investment has a requirement of a
8 one-to-one cash match, and it has to be a private match,
9 so that has been a big focus for our organization to make
10 sure we have the resources to do that.

11 Right now, through the assessment process, we
12 have been able to assess close to 3,000 individuals, and
13 we have been able to house 270 individuals since we
14 started the collaborative, and that is through scattered
15 sites, that's not single site placement. And the next
16 challenge we have on hand is to work with families. We
17 have been able to assess a significant amount of
18 families, and we currently have waiting for housing 222
19 households, and those households have been waiting --
20 this was our data as of October, so we know that probably
21 that number is a little bit higher than that.

22 The funding continues to be a challenge, and I
23 know that probably you all will have some questions about
24 what we are doing in terms of braiding the resources. At
25 this point we are approximately needing \$7 million to

1 complete the project and we are working with several
2 consultants to help us make this project a reality, with
3 the inclusion of tax credits and Federal Home Loan
4 resources, and definitely the different foundations
5 throughout the community who are interested in partnering
6 and making this project a reality.

7 So this concludes my presentation, and I'd
8 welcome any questions.

9 MS. SONENTHAL: I have a question just for my
10 own clarification. I'm Anna Sonenthal, DSHS.

11 The coordinated assessment, so that's not just
12 within your facility, that's coordinated assessment in
13 Austin. Right?

14 MS. CARDONA-BEILER: Correct.

15 MS. SONENTHAL: Okay. Some of the other
16 agencies, it's just kind of within them, so I was
17 wondering. So that's good, you're with the continuum of
18 care and doing everything.

19 MS. CARDONA-BEILER: Yes. The coordinated
20 assessment, we are supporting financially the coordinated
21 assessment, and it has been distributed. We have
22 coordinated assessment specialists at our Front Doors
23 which is all of our homeless shelters, and the continuum
24 of care is now working on the extension of that as well,
25 but they are the provider and we are funding the

1 coordinated assessment

2 MS. RICHARD: Darilyn, I just had a question
3 about Housing First and the new project. Housing First,
4 the philosophy is that someone doesn't have to be ready
5 to be housed, they may not necessarily be clean and
6 sober, but you still put them in housing first and then
7 you pull services in later.

8 MS. CARDONA-BEILER: Correct.

9 MS. RICHARD: And that is what you plan to do
10 at Oak Springs?

11 MS. CARDONA-BEILER: Yes. So we are adopting
12 the Housing First philosophy a hundred percent. We have
13 been adopting that philosophy through our scattered site
14 vouchers, and we have noticed some great success. The
15 problem with that, of course, is finding available units
16 and landlords willing to embrace that philosophy,
17 however, our teams are working really hard and have done
18 a good job in expanding our landlord recruitment process.
19 But yes, the philosophy very much is you serve people
20 where they're at and they will do better.

21 MS. RICHARD: Thank you.

22 MS. SONENTHAL: I have another question. So
23 if you were to give advice to other behavioral health
24 providers who they maybe want to adopt a Housing First
25 approach but their argument is like they have to be in a

1 certain level of services if I'm going to give them
2 housing, what would you say, or like how do you get
3 around that? How would you give advice to them?

4 MS. CARDONA-BEILER: Well, I think it comes
5 down to the philosophy of person-centered care and
6 clinical practices. The statistics demonstrate that if
7 you put a lot of barriers for people to engage in housing
8 or services, you're not going to be as successful. We
9 have for a very long time, including ATCIC, in the past
10 made sure the people were clean and sober before
11 services, and meanwhile, you have hundreds of individuals
12 who are homeless. And when you have someone who is
13 homeless, they cannot focus on anything else other than
14 taking care of their basic needs, there is no engagement
15 with treatment adherence. When you have to worry only
16 about where are you going to sleep, what are you going to
17 eat, the last thing you have on your mind is I need to go
18 and see my doctor.

19 MS. SONENTHAL: So how do they get around
20 that? Sorry, I'm more like asking questions people have
21 asked me. So how would you get around that if someone is
22 saying they have to be seeing the doctor this many times
23 for us to provide services? Like what did you guys do?

24 MS. CARDONA-BEILER: We're not requiring. The
25 first thing we do is develop a relationship with that

1 individual, and we have our outreach, we have our case
2 managers developing that relationship. Once that
3 relationship is established, then we work with them to
4 make sure that they have a place to stay, and work
5 afterwards in terms of making sure that they have access
6 to the resources, and really going by what they want to
7 work on. If they're homeless, they want a home, and then
8 once they have that place they're able to say, okay, I've
9 been dealing with these voices.

10 We have individuals who move into a place who
11 have been homeless for ten years and they bring all their
12 belongings and they refuse to use sometimes the bed, the
13 put down cardboard, that's what they feel they need to do
14 initially, and it requires some time for them to feel
15 that this is my home and now I'm able to engage in other
16 things.

17 MS. SONENTHAL: I would a hundred percent
18 agree with you.

19 MS. CARDONA-BEILER: It's a shift in
20 philosophy. It needs to be all the way from the
21 leadership and the development and how the dollars are
22 allocated. The leadership has to buy in. They need to
23 see the benefits of the best practice.

24 MS. SONENTHAL: So they're served with
25 separate money, basically, until they're in services and

1 in a different funding stream?

2 MS. CARDONA-BEILER: We braid every single
3 resource we can to make things happen.

4 Good questions.

5 MR. WILT: I've got a few questions. Can you
6 go back to the slide on your capital sources? So what's
7 the total project cost?

8 MS. CARDONA-BEILER: It's \$14.6 million.

9 MR. WILT: And then how much was the grant
10 from the state?

11 MS. CARDONA-BEILER: Going towards capital is
12 \$1.4-.

13 MR. WILT: And then \$3.6 million from the
14 city?

15 MS. CARDONA-BEILER: Three.

16 MR. WILT: \$3 million from the city?

17 MS. CARDONA-BEILER: The \$600,000 is to go
18 towards services.

19 MR. WILT: And that was through GO bonds?

20 MS. CARDONA-BEILER: Yes.

21 MR. WILT: And then how much have you raised
22 in the private support?

23 MS. CARDONA-BEILER: I'm sorry, I was not
24 prepared in terms of discussing the specifics in terms of
25 the financing, but I do have my pro forma in front of me.

1 So I'm looking at the services which is a pretty intense
2 budget as well.

3 MR. WILT: That's all right.

4 MS. CARDONA-BEILER: So we have been able to
5 obtain the support. I can tell you who has supported us
6 and approximately how much. Would that help?

7 MR. WILT: No, that's all right.

8 And then you're going after Federal Home Loan?

9 MS. CARDONA-BEILER: Yes, we are.

10 MR. WILT: And maybe tax credits?

11 MS. CARDONA-BEILER: Yes.

12 MR. WILT: And do you charge any rent?

13 MS. CARDONA-BEILER: Thirty percent of the
14 income.

15 MR. WILT: Okay. And is there some sort of
16 plan to transition them from Housing First to permanent
17 housing?

18 MS. CARDONA-BEILER: Well, Housing First is
19 permanent.

20 MR. WILT: So they can stay there as long as
21 they want.

22 MS. CARDONA-BEILER: They can stay there as
23 long as they want. In my experience, individuals stay in
24 a Housing First single site for approximately two to
25 three years, and then they move on. Keeping in mind that

1 Housing First units tend to be rather small, they're
2 efficiency apartments, and once people do better, they
3 want to have friends over and family, and they move into
4 one or two bedroom apartments, depending on how they do,
5 so they tend to move.

6 MR. WILT: I'm just wondering with the
7 pipeline is going to be on a year-to-year basis. Maybe
8 you'll have ten to fifteen units available per year?
9 Obviously, you don't have enough Housing First units and
10 you're doing all scattered site right now, this will be
11 finally a home where these will be all Housing First.
12 I'm just wondering if somebody comes in and needs a roof
13 over their head, there's going to be a waiting list
14 probably. Right?

15 MS. CARDONA-BEILER: Yes. So Austin has been
16 working on the development of Housing First and permanent
17 supportive housing, and the new goal is to develop 400
18 units of permanent supportive housing using the Housing
19 First philosophy. So our hope is that this project will
20 be able to demonstrate to the community the effectiveness
21 of this approach and other individuals who develop other
22 projects. I come from Ohio and we developed a wide array
23 of Housing First, but it started with one project that
24 was really successful and they spearheaded other
25 developers to work with service providers to do that. So

1 this will be fifty units and probably the first year we
2 may have two or three units available. But Housing
3 First, in terms of the success rate, is over 92 percent,
4 so maybe after two years we may have ten units on an
5 attrition basis as they move into other forms of housing.

6 MR. WILT: And the successes that you would
7 want to point to down the road are cost savings from
8 emergency rooms or criminal justice and things like that?

9 MS. CARDONA-BEILER: Correct.

10 MR. WILT: At some point down the road could
11 you make the case that maybe those different entities
12 could partner in financing. Like if you're saving money
13 from the emergency rooms, get the hospital district to
14 kick in for Housing First.

15 MS. CARDONA-BEILER: Yes. We started
16 collecting outcomes and just preliminary, if you look at
17 the case statement on page 5 at the bottom, it talks a
18 little bit about the reduction in services, and if you
19 translate that into actual costs -- and this was only a
20 very small sample -- you could see that there was a
21 significant reduction in service utilization, and we will
22 be working with the community to make the case that this
23 program really helps as a whole to save dollars, to save
24 resources.

25 MS. GREEN: So what was the sample size for

1 this data?

2 MS. CARDONA-BEILER: So here I believe there
3 were eighteen consumers and it was for six months before
4 and six months after.

5 MS. RICHARD: Have you already done the
6 calculation on the cost savings? Is that something
7 you're working on?

8 MS. CARDONA-BEILER: Yes, we're working on
9 that, and we're also working with our continuum of care
10 to ensure that we have the same costs across the board.
11 We don't want to have a situation in which you have one
12 set of costs and someone else releasing another set of
13 costs, so we're part of the collaboration with our COC to
14 look at the overall cost, and that is including how much
15 a chronically homeless individual is costing to our
16 criminal justice system, our hospitals, and we are really
17 close to releasing how much that is in savings. And as a
18 matter of fact, there is also in Travis County an
19 initiative to look at Pay for Success, which is what he
20 just described, and how we're looking at the investment
21 of the savings to turn it around to provide funding
22 opportunities for other providers to do this as well.

23 MS. RICHARD: That would be great. I'll have
24 to get with you later because we'll be talking about our
25 biennial plan that the Council is charged with writing,

1 so we're looking for dollars and cents.

2 MS. CARDONA-BEILER: Sure. And we will have
3 that information, so stay in touch with us.

4 MS. RICHARD: Thank you very much.

5 MR. BARRETT: Brad Barrett with the Veterans
6 Commission.

7 I had a question about the Homeless Management
8 Information System. Is that an Austin only system?

9 MS. CARDONA-BEILER: No. That is actually a
10 system that is used across the nation. It is very strong
11 and vibrant in Austin and Travis County across the board.
12 We have all of our homeless providers utilizing the
13 system and now the VA is working with us to incorporation
14 HMIS as well.

15 MR. BARRETT: And that was my question, is
16 there veterans identification or coordination with
17 services in that forum?

18 MS. CARDONA-BEILER: Yes. One of the
19 initiatives that the collaborative is working on is to
20 ensure that we have housing opportunities for our
21 veterans. We have a safe haven dedicated to serve only
22 veteran individuals and veterans who are chronically
23 homeless, and they're moving those individuals into
24 permanent housing using the same coordinated assessment
25 system and the same infrastructure.

1 MR. IRVINE: Any other questions?

2 MR. DE LOS SANTOS: I have one. This is
3 Richard with the Texas Department of Agriculture.

4 How do you present this to potential
5 homeowners who may want to provide that type of housing?

6 MS. CARDONA-BEILER: If you know of any
7 potential owners, I'll give you my card.

8 MR. DE LOS SANTOS: It would be good to show
9 the benefits of if they have rental property to
10 participate in the program or something like that.

11 MS. CARDONA-BEILER: We have dedicated staff
12 to do landlord outreach, and that's what they do day-in
13 and day-out, they go out and meet with landlords, develop
14 relationships. And we're also working with the City of
15 Austin with the Veterans Initiative and the apartment
16 homeowner association to ensure we have enough units
17 coming to initially serve the vets, but hopefully as we
18 develop the relationships with the non-traditional
19 landlords, hopefully we'll be able to have more access to
20 units for the consumers we want to serve. So there are
21 many, many ways in which we're doing that. The only
22 organized system at this point is through the City of
23 Austin and the mayor's initiative with the apartment
24 association.

25 MS. RICHARD: Darilyn, one last question. Are

1 you working with managed care organizations?

2 MS. CARDONA-BEILER: Yes, we are. We look at
3 our revenue across the board, our revenue from mixed
4 income sources across the board. The managed care
5 organizations are not paying for housing at this point,
6 however, they pay for the very necessary supportive
7 services we provide to those individuals, and many of our
8 consumers have insurance through the managed care
9 organizations.

10 MR. IRVINE: Before we move off this topic,
11 I'd like to spend a minute on my soapbox. We talked
12 about looking for dollars, and we clearly need to
13 provide, where we can, money to address these situations,
14 and a fundamental concept in the creation of this Council
15 is that it's a coordinating body, so we want to
16 understand all of the different dimensions. But one that
17 we don't talk about a lot is I think we are each
18 educational ambassadors, and I would encourage everyone
19 in the room to go spend fifteen minutes searching Google
20 about Housing First, understand it, wrap your head around
21 it, embrace it and communicate it, be champions for the
22 concept of Housing First.

23 Statistically, many, many, many people in our
24 society, people maybe in this room, certainly people in
25 our households, have these kinds of challenges but we

1 don't operate from the vantage point of homelessness.
2 And you know, we talk about saving dollars, we also need
3 to talk about saving humans, these are people, and we
4 need to understand and embrace that our fellow human
5 beings have needs that sometimes they just need some help
6 addressing their challenges.

7 If I were confronting these kinds of substance
8 abuse issues or mental illness issues and I didn't have a
9 home to go to, I'd have a really hard time doing anything
10 about it. So if you don't provide that fundamental level
11 in Maslow's Hierarchy of Needs, the problems will
12 persist, regardless of the cost. Human potential will be
13 squandered. So educate and be ambassadors.

14 MS. CARDONA-BEILER: Thank you.

15 MR. IRVINE: Okay. On to our next
16 presentation. Kelly, are you on the phone?

17 MS. OPOT: Yes, I am. Sorry, I was on mute.

18 MR. IRVINE: You're good. Thank you. You're
19 up.

20 MS. OPOT: All right. Great. And I just want
21 to make sure that everyone can hear me okay with the
22 phone at this level.

23 MR. IRVINE: We hear you.

24 MS. OPOT: Great. So I am from Corporation
25 for Supportive Housing, CSH, based in Houston, but we

1 work nationally in communities around supportive housing
2 and erecting supportive housing and affordable housing
3 with services for low level populations. And I presented
4 to the Council a couple of times but it sounds like there
5 are a couple of new people in the room, so I wanted to
6 give you an overview of how we came to where we are today
7 with the academy, a bit about what the Housing and
8 Services Partnership Academy is, and let you ask me some
9 questions as well, if you have any.

10 So just so that you know where we started, we,
11 in partnership with TDHCA, conducted some outreach and
12 created a request for proposal to solicit teams from
13 across the state in September and asking people to
14 participate in the Housing and Services Partnership
15 Academy, and this academy, which is through the Council,
16 the idea is to help communities create more accessible,
17 integrated and affordable housing.

18 So we created this RFP and from the
19 solicitation we selected nine teams in October which have
20 a really diverse area of communities across the state
21 including Dallas and Dallas County, Greater Houston, Fort
22 Worth and Tarrant County, San Antonio, East Texas which
23 includes: the cities of Longview and Tyler; Coastal Bend
24 which includes Corpus Christi but also a lot of counties
25 in that area, Aransas, Bee, Duval, Jim Wells, Kenedy,

1 Kleberg, White Oak, Nueces, Presidio and San Patricio; as
2 well as a team from North Central Texas which includes
3 the counties of Brown, Callahan, Comanche, Mason,
4 McCulloch, Mills, San Saba and Runnels; San Benito; and
5 Lubbock. And so those are the nine teams and you can see
6 that it's a pretty big range from our largest cities to
7 some really smaller, more rural communities in Texas.

8 And they were asked to select at least three
9 but no more than five members that covered housing and
10 disability services, and the minimum requirements for
11 participation were that the teams needed to include a
12 residential housing developer from their sector or a
13 public housing authority, a services provider who works
14 with individuals with disabilities, as well as an
15 individual with disabilities or their representative,
16 family member or guardian, and in particular we wanted if
17 it's not a person with disabilities, we wanted to make
18 sure that the person that's representing them is their
19 guardian or family member rather than just a case manager
20 because we figured that that would be covered under the
21 service provider group.

22 Applicants were also given preference to
23 include public housing authorities or developers in hopes
24 that they would have some people in the room that could
25 really think thorough getting some new housing on the

1 ground to using their existing dollars or units to set
2 aside some units for service-enriched housing. And we
3 were really pleased with the diversity in location issues
4 but also the diversity of team members from those teams
5 that we got. And so of those nine teams some of the
6 participants included in the team members are eleven
7 representatives from housing authorities, four
8 developers, four persons with disabilities, and two
9 representatives from managed care organizations, which
10 Terri, I heard, mentioned earlier, for the insurance
11 companies that cover Medicaid.

12 And so the populations that these teams are
13 covering also include persons with physical but not
14 mental disabilities, individuals relocating from
15 institutions, people with serious mental illness, aging
16 Texans, and how to improve aging in place, as well as
17 homeless individuals with disabilities. So you can see
18 that the interest in targets for the populations that
19 teams want to develop their service-enriched housing
20 plans are wide, but the idea behind developing a plan is
21 while the teams may be targeting a specific population
22 for this academy, what they develop will be transferable
23 to other populations that need service-enriched housing
24 in the community.

25 So we've already begun engagement with the

1 teams. We hosted two pre-academy webinars in December to
2 prepare for the academy -- the academy will be held in
3 Austin on February 9 and 10 -- and in those webinars we
4 covered some basics of housing and services funding.
5 There is a whole lot in Texas and so we were able to get
6 a lot of information to this community to prepare them to
7 come to the academy so that everybody was on the same
8 page and we could take a deep dive into the subjects the
9 teams let us know ahead of time that they're most
10 interested in covering.

11 As part of the preparation for the academy, we
12 also assigned some homework, and it was a little bit to
13 learn what's happening in your community, so teams are
14 putting together local resource guides based on the
15 information that we provided in the webinars, but also
16 it's an opportunity for the teams to really do some team-
17 building ahead of coming to the academy so it's no their
18 first time together, but they really know each other and
19 they're all on the same page so they can work really well
20 together in preparing their plan during the academy.

21 For the academy in February, all of the teams
22 will come together for two days and engage in intensive
23 some training and planning, and at the end of it we'll
24 have developed a solid draft of ways to increase service-
25 enriched housing in their communities.

1 The objectives of the academy that we have put
2 together are: to develop beneficial partnerships between
3 providers of Medicaid services, housing and other social
4 services to create increased availability of integrated,
5 affordable, accessible housing for persons with
6 disabilities and aging Texans; understand how to begin to
7 develop comprehensive plans for improving the quantity
8 and quality of affordable, accessible and integrated
9 housing; and remove stigmas associated with people with
10 disabilities and understand the best practice approaches
11 to housing people with special needs; and finally, be
12 able to advocate and establish an ongoing group to
13 further the goal of increasing service-enriched housing.

14 And so while the teams will leave with a solid
15 plan, CSH will continue to provide onsite and remote TA
16 to the teams to help them think through implementing
17 their plans, engaging in partnerships to increase
18 service-enriched housing, and also making sure that they
19 have a leadership team based on the team that they put
20 together that can make sure that this carries on beyond
21 the academy. We don't want it to just be you go and
22 learn and take that back, and that's great, but we want
23 this to be a team that is seen as a leadership group
24 within the community and is out there as a resource in
25 the community to help other members of the community that

1 are serving individuals with special needs to make sure
2 that they have access to affordable, accessible and
3 integrated housing.

4 That was a lot in a short time and so I'm sure
5 everyone is digesting it, but I wanted to know if you
6 have questions about where we are or the team makeup or
7 anything like that that you'd like to ask.

8 MR. IRVINE: Questions?

9 MR. GOODWIN: One that I would be curious
10 because this is what, the second round of the academy?

11 MS. RICHARD: This is the second one.

12 MR. GOODWIN: And if my brain cells are still
13 active, we originally sort of tied it to the 811
14 applications to help them qualify, so the question is do
15 we have feedback of the number of people who have
16 successfully entered the 811 Program that go back to the
17 academies that were done in the first round. I mean, I
18 think the program is great just for development of
19 housing, but to see if our original purpose had any
20 effect.

21 MR. DURAN: I'm not sure if any of the
22 developer partners that attended have ended up in the 811
23 Program as a participating property. One of the things
24 that we have seen, however -- and this isn't something
25 you can really quantify -- the enthusiasm of the service

1 providers who participated are going to become really
2 good partners in making referrals to the 811 Program. So
3 for example, in Houston and Dallas and then El Paso,
4 those are all areas that had academy participants, I
5 believe, and are also really energized and have been
6 working to build bridges with local properties to get
7 involved. But I haven't seen any, I guess, hard evidence
8 that shows that that kind of local advocacy has led to a
9 property jumping into the game, but I do know that we
10 have lots of energized folks who are going to be
11 excellent partners in making referrals to the program in
12 the near future.

13 MS. OPOT: And before we developed the RFP, we
14 did reach out to the list that we had from participants
15 in the academy and asked about what they learned, what
16 they gained. Some people had left their prior positions,
17 and so really got some feedback from prior participants
18 and what they've been doing since and what the best part
19 of what they got out of it was.

20 MS. RICHARD: And that is one of the
21 deliverables for CSH is an evaluation and the followup
22 onsite technical assistance, so I think having some
23 information like that, it will be a lot more than just
24 anecdotal. They are working on the evaluation as we
25 speak, and I think that is going to be part of it.

1 That's a good suggestion.

2 MR. IRVINE: The one thing that sort of struck
3 me as I heard Darilyn's presentation, where people were
4 talking about the intersection of housing and services,
5 is there are pretty compelling reasons why those are
6 separate solutions, and to me, I see the need for the
7 academy to grow in a way that promotes the concept of
8 putting those two sources together yet retaining their
9 distinct identity.

10 MS. RICHARD: And I was thinking that I sent
11 everyone a calendar invite for February 9 and 10, because
12 Council members are more than welcome to attend. I'm not
13 sure if I did that or not. If you didn't maybe I can
14 send that out again just so it's on everybody's
15 calendars.

16 MR. IRVINE: Thank you, Kelly.

17 MS. OPOT: Thank you.

18 MR. IRVINE: Okay. Ready for the next one:
19 update on HCBS Adult Mental Health Program. Kristin.

20 MS. SHILSON: Yes. Hi, everyone. I'm Kristin
21 Shilson, and this is our team lead for the program, Joy
22 Kearney, and we'll be presenting on the Home and
23 Community Based Adult Mental Health Program through DSHS,
24 and we'll give a general overview of the program and then
25 touch on some of our residential services, as well as

1 some of the unique services of the program, as well as
2 our setting requirements and where our program is today.

3 So I will turn it over to Joy now who will
4 give an update and general overview.

5 MS. KEARNEY: So Home and Community Based
6 Services-Adult Mental Health -- I'm going to refer to it
7 as HCBS-AMH because that's quite a mouthful either way --
8 is 1915(I) state plan amendment that was formally
9 approved by the Centers for Medicare and Medicaid in
10 October of this past year, 2015. It's designed to focus
11 on adults with mental health needs, so what that means is
12 it's the first federally approved program in Texas that's
13 a home and community based program. So similar to some
14 of the IDD waivers that you might be familiar with, the
15 goal is to really help support those individuals live
16 successfully long term in the community and support long-
17 term recovery goals.

18 And our current target -- the reason I say
19 current is we recently received legislative direction to
20 expand which I'll touch on at the end of this, but our
21 current program target population is adults, and that's
22 defined as 18 and older that have a diagnosis of a
23 serious mental illness and have resided long term in a
24 mental health facility. And the way that that's
25 currently designed is three of the past five years prior

1 to enrollment, so that can be cumulative or consecutive
2 time within a mental health facility. The individuals
3 have to be Medicaid eligible as this is a Medicaid
4 program, and then meet our functional and financial
5 eligibility criteria.

6 And if an individual is participating in
7 another HCBS program, such as the ones we have listed
8 there, you know, CLASS, DBMD, we would just assess the
9 individual's need, and if they had a higher need for
10 mental health services or substance use disorder
11 services, they could transfer, they just couldn't receive
12 two HCBS programs at the same time.

13 So this is our service array. We have
14 nineteen services, so I don't want to go too in depth in
15 all of them, and some of them mirror some of the services
16 that are offered for individuals through like a 1915(c)
17 or a waiver program, but I just wanted to highlight some
18 of those that are specific to individuals with mental
19 health needs and substance use disorders.

20 So we have our own psycho-social rehab, so
21 that's using cognitive adaptive training or illness
22 management recovery. We also have a stand-alone peer
23 support service for individuals. There is a substance
24 use disorder service that can be used after the state
25 plan benefit is exhausted or in place of that, if the

1 individual needs more time to really process through
2 their recovery goals, so that service is designed for
3 that. There's community psychiatric supports and
4 treatment, and that's using evidence-based therapy models
5 such as cognitive behavioral therapy, dialectical
6 behavioral therapy. Those are just some examples, but if
7 there are others that meet the clinical needs of the
8 individual, there's some flexibility within that to meet
9 the treatment needs.

10 And then we also have nursing services. We've
11 found a lot of individuals that reside long term within a
12 psychiatric institution weren't able to leave because
13 they still required a lot of medical care, so this would
14 supply those nursing services that could be long term to
15 the individual provided in their home or community.

16 And then recovery management is our term for
17 our intensive level of case management, so really meeting
18 the individual where they are and seeing them as much as
19 needed in their home and their community, connecting with
20 that individual to help coordinate all services through
21 the HCBS-AMH program, and then any other services through
22 their MCO for acute care services or anything to help
23 them meet the needs that they require to be successful in
24 the community. So that's a really stand-alone service
25 within this program as well.

1 And then I wanted to go a little bit more in
2 depth in our first four, so it's a home and community
3 based program, so obviously there are individuals
4 residing in their homes for these, so the individual's
5 rent would be covered through their entitlements. These
6 first four are the services that are provided in the
7 individual's choice of home to help them be as
8 independent as possible and to live with assistance with
9 ADL, helping them learn how to do meal prep, helping them
10 organize throughout their day, encouraging socialization,
11 those things that are important to all of us that we
12 might need or that these individuals might need a little
13 more structure with when coming out of a long-term
14 institutional placement.

15 So if we go to the next one, it breaks it down
16 a little bit. So there's host home companion care, and
17 that's provided in a private residence so either the
18 individuals or the person that they'll be residing with,
19 it could be a family member or a professional. And the
20 level of frequency is really dependent on the
21 individual's level of need.

22 And then the next one would be our supportive
23 home living and this is in an individual's own home or
24 family home, and this could be someone coming into the
25 home one hour a day, four, or up to six, depending on

1 what that individual's level of need is.

2 And then supervised living is more intensive
3 so it would be in a smaller, community based residence
4 where they have 24-hour on site staff for individuals
5 that might need a little bit more structure and
6 supervision throughout the day.

7 And then our final one is assisted living, so
8 this would be in an assisted living facility that's
9 licensed through DADS and has that 24-hour response on
10 site available as well.

11 So those are the levels of the assistance and
12 some of the examples of where they can reside while
13 they're in the program. Kristin is going to get more in
14 depth with the settings, and I'm going to turn it over to
15 her to talk about the distinction between the provider
16 roles and responsibilities.

17 MS. RICHARD: Just quickly, on the residential
18 settings, it is part of the service array, but because
19 it's a Medicaid waiver program, the individuals still
20 cannot use any of that funding to pay for room and board.

21 MS. KEARNEY: Correct.

22 MS. RICHARD: Okay. So the room and board is
23 something they're responsible for no matter what the
24 setting.

25 MS. KEARNEY: Correct.

1 MS. RICHARD: Okay. Thank you.

2 MS. SHILSON: So as Joy touched on, she
3 touched on the services, including the full array of
4 HCBS-AMH services as well as the recovery management
5 services. So we have two different types of providers
6 for our program: one will be providing that full array of
7 services mentioned, with the exception of recovery
8 management, and then the other provider will be providing
9 distinctly that recovery management role. And so
10 recovery management really provides that intensive level
11 of case management that Joy mentioned, and it supports
12 the individual in all aspects of their recovery process,
13 so they're responsible for helping the individual develop
14 their goals and identify what services are needed and
15 then monitoring and coordinating those services while the
16 individual is in the program.

17 Another key aspect of the recovery manager is
18 provided to individuals that would be eligible for our
19 program but are currently residing in a state hospital.
20 Just from experience with other pilot programs, working
21 with individuals that are currently institutionalized,
22 it's been identified that they need some additional
23 support to help them transition successfully into the
24 community. So that recovery manager will be able to come
25 in and provide what we call transitional services, and

1 that would be provided while the individual resides in
2 the state hospital, it can provided anywhere from three
3 to six months, and that helps the individual develop a
4 relationship with the recovery manager as well as
5 identify any services and receive services that will help
6 them transition more smoothly into the community.

7 And then another key aspect of our program are
8 the HCBS-AMH setting requirements, and these setting
9 requirements are passed down by the Centers for Medicare
10 and Medicaid Services. Many of you might have heard of
11 them because they are mandated for all HCBS programs.
12 For many HCBS programs that are currently up and
13 functioning, there is a five-year transition plan in
14 place to come up to date with these setting requirements,
15 but because we are a brand new program, we actually have
16 to be compliant with these setting requirements right off
17 the bat.

18 And so what these setting requirements do is
19 they identify where an individual can live while
20 receiving services through the HCBS-AMH program, and this
21 can include an individual's home, an apartment, an
22 assisted living facility, or a small community based
23 residence. Any type of nursing facility or setting that
24 has an institutional quality would not be eligible and
25 meet setting requirements.

1 And what the setting requirements really do is
2 ensure that the individual is fully integrated into the
3 community and has the same rights and responsibilities
4 that you or I would have while residing in the community.
5 So it ensures that they're integrated into the community,
6 it encourages them to have freedom and privacy, as well
7 as makes use of the individual's needs and the resources
8 currently available.

9 I provided a link to the Code of Federal
10 Regulations that outlines the setting requirements more
11 in depth, so I encourage everyone to take a look at that.

12 And then for provider owned and operated
13 housing, there's some additional setting requirements,
14 and this includes that the individual has a lease or
15 other legally enforceable agreement, that they have
16 access to visitors at any time, that the setting is
17 physically accessible to the individual, and also that
18 the individual has a lockable door and they have a key to
19 their living unit.

20 And so our program understands that at times
21 individuals may need some modifications to these setting
22 requirements to ensure their health and safety, and so
23 any modifications that are going to be made to the
24 setting requirements for the individual must be based on
25 their clinical need and it must be documented on what's

1 called the individual's recovery plan, which is the
2 treatment plan that outlines all the individual's goals
3 and services they will receive while in our program.

4 And so some of the setting requirements that
5 are appropriate for modification would be an individual's
6 access to visitors, of course the individual's privacy in
7 their living environment, if other staff members might
8 need access to their room to check on them and ensure
9 their safety, and also if there's any modification that
10 needs to be made in terms of the individual's schedule.

11 So this is somewhat of an undertaking for some
12 of our interested providers, so we've worked to create a
13 setting checklist that helps interested providers look at
14 where their settings are in terms of meeting federal
15 requirements. And the setting checklist is based off of
16 what CMS has provided as resources available to meeting
17 the settings requirements. The setting checklist will be
18 available on our website soon. There's a link to the
19 website on the last slide of our presentation, and I can
20 send out this presentation as well. So any interested
21 provider can take a look and match their settings with
22 this checklist, and then we can provide any type of
23 technical assistance to help interested providers in
24 meeting these requirements.

25 And then also, CMS has some additional

1 guidance on the setting requirements because there's been
2 a lot of questions and back and forth, and so I've
3 provided kind of an overview of some of the things they
4 provide assistance on that would be overview of the
5 regulations, summary of key provisions and regulatory
6 questions, and some exploratory questions for residential
7 and non-residential settings, and that information can be
8 found at the link listed on this slide.

9 And so now I'll pass it back to Joy, who will
10 provide some basics about our program currently, and then
11 we'll open it up to questions.

12 MS. KEARNEY: Well, as I mentioned before, we
13 received formal approval from CMS, which we're very
14 excited about -- it was quite a long negotiation process
15 to get there -- so we received that formal approval in
16 October. And we currently have two open enrollments
17 posted, so there's a separate open enrollment for the
18 service provider and the recovery management entity, and
19 that was per negotiations with CMS that those two
20 entities be separate to ensure conflict-free case
21 management.

22 And so we are working to identify interested
23 providers, we are trying to work to network with housing
24 providers in the community to help them understand this
25 program and see how we can collaborate, work together.

1 There's different initiatives that kind of collide with
2 this. There's a large majority of these individuals that
3 are homeless or could be homeless, and so we're really
4 trying to work to bridge those together, which is what
5 brings us here today.

6 And then additionally, we received legislative
7 direction through this past session to expand home and
8 community based services to divert individuals with
9 serious mental illness frequently being arrested due to
10 their serious mental illness or frequently visiting the
11 emergency department due to their serious mental illness.
12 And so we've been working really diligently to host
13 several stakeholder meetings, to do targeted calls, to
14 really do some research and dig in and see how we can
15 best formulate this. Our plan is to amend our current
16 state plan amendment to include those new populations,
17 and in the interim we would be running that via general
18 revenue to serve those individuals in need.

19 So I do want to turn it over to questions to
20 the group, and then we had a couple of questions for you
21 all.

22 MR. IRVINE: Questions?

23 MS. RICHARD: I'll jump. So is it the service
24 provider that is responsible for helping find whatever
25 type of residential setting the person needs?

1 MS. SHILSON: So that would actually be a main
2 role of the recovery manager.

3 MS. RICHARD: Okay. It's the recovery
4 manager. And so it's somebody that is in a state
5 hospital, they want to move into the community, but they
6 don't have a home of their own but they want an
7 apartment, so the recovery manager would be looking to
8 try to find all the housing resources in the area that
9 the person wants to live, so like accessing Section 8 if
10 the person is going to be receiving services maybe in one
11 of the areas of the nineteen that have the additional
12 rental assistance. So it's the recovery manager that's
13 trying to put all those housing resources and coordinate
14 that on behalf of the individual.

15 MS. SHILSON: Right, correct.

16 MS. KEARNEY: And I do want to say there's
17 approximately 700 individuals identified statewide that
18 meet that initial criteria: 500 are across the state
19 hospital system, and there are around 200 currently in
20 the community. So there are some folks that meet this
21 criteria and are entitled to the benefit that are
22 currently residing in the community as well. And I
23 anticipate the numbers that are in the community with the
24 expansion to be quite a bit larger as well.

25 MS. RICHARD: Thank you.

1 MR. DURAN: Do you mind, if I'm not a Council
2 member can I ask a question, Tim?

3 MR. IRVINE: Of course.

4 MR. DURAN: Spencer Duran, TDHCA. I have two
5 questions. So the first question, would you go back to
6 the modification slide? So are you talking about
7 physically modifying people's houses to help with the
8 various things?

9 MS. KEARNEY: So there's minor home
10 modifications as a service that addresses this. This
11 would be a specific modification that would be identified
12 on their treatment plan which is called our individual
13 recovery plan, so it would be a modification that was
14 identified for a clinical or a safety need that maybe had
15 to modify the settings requirement.

16 MR. DURAN: So you're not talking about
17 physically modifying someone's structure?

18 MS. KEARNEY: Not with this. There is a
19 service that can do, though, that within the nineteen
20 service array.

21 MR. DURAN: Right. The TAS.

22 MS. KEARNEY: I think it's minor home
23 modifications. The transition assistance service helps
24 with money set up for first and last month's rent, any
25 pots and pans, dishes, anything somebody needs who has

1 been in an institution a long time and doesn't have basic
2 household setup.

3 MS. GREEN: Although, I think the Texas
4 Administration Code for transition assistance services
5 doesn't recognize this waiver and it was just amended to
6 add HCS as an eligible waiver in November. So will that
7 rule need to be amended again before the benefit is
8 available?

9 MS. KEARNEY: I'll have to take a look at
10 this. This is different because it's not in the 1915(c),
11 it's not a waiver, it's a state plan amendment, but I
12 will take a look at that rule and make sure. But there
13 are differences between a waiver program and a state plan
14 amendment, there's some nuances between that and how it's
15 identified.

16 MR. DURAN: Are you able to share anonymous
17 numbers? Like the 700, do you know in which communities
18 they reside?

19 MS. KEARNEY: The majority are in the five
20 largest metro areas, so Austin, Dallas, Fort Worth,
21 Houston is very large, San Antonio.

22 MR. DURAN: Thank you.

23 MS. RICHARD: I looked at your open enrollment
24 and it does look like for the recovery management, they
25 are required to demonstrate when they apply to be a

1 recovery management provider that they have some
2 expertise in housing.

3 MS. KEARNEY: Right.

4 MS. RICHARD: Can you tell us a little bit
5 more about that? Isn't it like sort of a separate form?

6 MS. SHILSON: Sure. We have a separate form
7 in the open enrollment that kind of tries to gauge their
8 knowledge of community resources in their region and
9 their knowledge of housing resources available, and also
10 their knowledge of entitlements and kind of how that
11 works for the individual.

12 MR. IRVINE: Okay. Do you want to read us our
13 rights and ask us questions?

14 (General laughter.)

15 MS. KEARNEY: Go ahead, Kristin.

16 MS. SHILSON: Well, our main question was
17 really to get feedback from you all as how to kind of
18 reach out to some of the community housing providers and
19 get them interested in maybe providing some of these
20 services for our program, specifically the residential
21 services. We have a lot of potentially interested
22 providers but they've had a hard time identifying
23 residential housing providers, so we would like to get
24 feedback from the group on some ideas and maybe potential
25 providers that you know of that may be interested.

1 MS. KEARNEY: Or other groups we could come
2 and speak to, to network, to spread the word.

3 MS. GREEN: Like assisted living facilities or
4 adult foster care facilities?

5 MS. SHILSON: Most likely the assisted living
6 facilities or even the group homes.

7 MS. GREEN: It's really a tough nut to crack,
8 and a lot of facilities will discriminate, even if a
9 person's mental illness is well controlled, and one of my
10 frustrations is that they can decline a prospective
11 resident based on inability to meet the care needs and
12 they don't have to justify that in any way. So we work
13 with consumers in need of assisted living and facilities
14 will, in my mind, wrongly deny because the person is too
15 young, which there's no support in the rule for that,
16 based on behavioral health issues, and the TAC reads that
17 assisted living facilities may care for people with
18 behavioral disturbances. So I'd really like to see some
19 more rigorous standards and enforcement.

20 But I think working through the professional
21 provider organizations might be a good way to go, and I
22 think those facilities that are more forward thinking
23 realize that there's a significant market.

24 MS. SHILSON: Do you think it would take some
25 additional education to some of the current assisted

1 living providers?

2 MS. GREEN: Probably so. Because I think the
3 concern is that the resident will place undue demands on
4 staff and the Medicaid reimbursement for assisted living
5 is not very good, and so facilities can really struggle
6 to meet the needs of those consumers with uncontrolled
7 mental illness, and I think with some assurances that
8 there will be supportive therapies that they would be
9 more willing to admit and participate. Because there
10 hasn't been a waiver to meet that need, and a lot of
11 times for people whose primary needs are behavioral as
12 opposed to physical, it's not compliance issue, so I
13 think education is critical.

14 MS. SHILSON: And we have talked little bit
15 with TORCH. Are there any other organizations you
16 recommend?

17 MS. GREEN: The Texas Association of --

18 MS. RICHARD: Home Care and Hospice.

19 MS. GREEN: Not home care and hospice but the
20 nursing facility provider organization also represents
21 assisted living facilities, and I think that would be a
22 good group to coordinate with, home care and hospice too

23 MS. RICHARD: Which is kind of where I was
24 going. Promoting Independence Advisory Committee, that
25 might be good to reach out to Nancy Walker.

1 MS. SHILSON: We have done that.

2 MS. RICHARD: Oh, great. You're way ahead of
3 me.

4 MS. SONENTHAL: Have you talked to the ADRC?
5 They have a consortia of ADRCs and so they're all over,
6 and I guess what I was thinking about is that they know a
7 lot of people, or they should, that's like their job to
8 kind of navigate housing for people that have
9 disabilities.

10 MS. GREEN: I'm actually co-chair of the ADRC
11 association. It's a fairly small population and the
12 ADRCs get a lot of requests for housing. I think whether
13 we get the calls from one of the 500 who's in a state
14 hospital for three of the past five years, maybe not. We
15 do have housing navigators who are charged with being
16 knowledgeable about resources, and so I think
17 particularly the housing navigators would have interest
18 in this, would have interest in 811.

19 MS. SONENTHAL: I'm going to come on one of
20 their calls at some point and get involved with them.

21 MS. RICHARD: Well, we have David Ramos on the
22 phone, who is a housing navigator down in Corpus.

23 David, were you able to hear the discussion?
24 Do you have anything to add?

25 MR. RAMOS: Yes, I did hear the discussion.

1 It's very interesting. I'd be more than glad to help in
2 any way that I can. I think it's a matter of being
3 involved in the community, and like they indicated,
4 having the knowledge and the skills to be able to
5 transfer all that information on housing.

6 MS. GREEN: And I think the long-term care
7 ombudsmen have responsibilities for advocating for
8 residents of assisted living facilities, and so they have
9 really strong working knowledge of facilities and
10 leadership and could probably identify some of those more
11 progressive facilities that would have interest in
12 participating.

13 MS. SHILSON: Oh, great.

14 MS. GREEN: So Patty Ducayet is the state
15 ombudsman, and she could help make that connection.

16 MR. GOODWIN: One other source might be the --
17 and I don't know if they have a state string around or
18 not, I've been affiliated with about seven of them, but
19 that's the NAMH affiliated properties which were
20 traditional 811. They are required to seek only persons
21 with mental disabilities and essentially the only
22 requirement for entry there is that the person has a
23 support structure. It doesn't say they have to use it
24 but there has to be somebody that can be contacted in
25 case the person goes off the grid and creates a problem.

1 From experience, the only issue you would have
2 there is in a community those properties tend to be
3 fairly closely utilized in that they are generally formed
4 by persons who have relatives or something that qualify
5 for there and the boards are filled with a lot of folks
6 who have personal interest in the people in there. After
7 the first few cycles of residents, it's going to open up.
8 But these are pretty small, they're 22-unit properties or
9 14-unit properties.

10 It's the National Association of Mental
11 Health, I'd say the global sponsor, that's who does most
12 of it. There's like five in Houston, I know there's one
13 in El Paso, I know of three in San Antonio because we
14 built them and managed them for a couple of years. Great
15 properties, some of the best in the neighborhoods,
16 they're very clean properties, and there's issue with a
17 mental health issue, though. There would be with a drug
18 abuse because that's one thing, they will take a
19 recovered person but if they're in recovery, I think they
20 all have a human cannon that they use to shoot them out
21 of the property.

22 MS. SHILSON: I think that was our main
23 question. Thank you very much.

24 MR. IRVINE: If anybody thinks of more ideas,
25 funnel them through Terri.

1 Okay, Terri, what are we going to do for the
2 next two years?

3 MS. RICHARD: Well, you all should have
4 received a copy, and this is a very drafty draft of the
5 outline, and of course, I've plagiarized stuff which I
6 will have to go and paraphrase, but I just wanted to give
7 you an idea of the literature review that I've completed
8 so far and I want to ask again -- and I know I'm going to
9 follow up with Darilyn -- I still would like to have more
10 information about cost savings related to service-
11 enriched housing or Housing First.

12 But what I really tried to do in the plan was
13 to give just a brief summary of what the previous plan
14 focused on, and for everyone's recollection, you really
15 kind of focused on quality of life last time and what is
16 service-enriched housing, why is it important and what
17 kind of differences it makes in the lives of people. And
18 Doni, I think it was you during the latter part of the
19 discussion about that plan, and Mike too, is what about
20 the dollars and the cost savings.

21 And so the plan was to then really focus on
22 that this time and to look at being able to illustrate in
23 Texas, but also other states -- the legislature,
24 typically in a lot of hearings I'll hear them say, well,
25 what are they doing in other states, so really trying to

1 give some examples of projects that they've done in other
2 states.

3 CSH is a nationwide organization and you'll see a number
4 of these sources are from CSH where they have done
5 projects in other states. And I've just really tried to
6 go through and look at trying to find specific examples.
7 I put in here I think it's Washington where they gave
8 specific numbers even, you know, housing placement went
9 from 223 down to 35 days. That was a Housing First
10 approach looking at the HUD VASH, Veterans Affairs
11 Supportive Housing. So trying to get as many sources,
12 information and data as I can from Texas, but then also
13 looking at other states.

14 And so talking about the philosophy of Housing
15 First and supportive housing examples, examples of cost
16 savings, and then moving on to the latter part of the
17 report would be the activities you have done as the
18 Council, and then recommendations for increasing service-
19 enriched housing. And so I still hope that there may be
20 some recommendations that will come out of some of the
21 sources. I just have started trying to read all those
22 and get some real specific information. And so I think
23 that was sort of kind of the layout of the plan.

24 Mike, I know you commented about trying to get
25 as recent numbers as possible, and right after I talked

1 to you, I was able to find a source that I hadn't found
2 before and it was Cornell University that had some
3 numbers. Because one of the things I did want to start
4 with is the need, too, and so how many people are there
5 with disabilities, what's their housing situation like,
6 and so I did find some more recent data. So I'm trying
7 to get data hopefully within the last five or six years,
8 so like 2010 is my goal. I think I ended up finding
9 2009. Sometimes some of these research projects, you
10 know, that come out in 2010, they're using and analyzing
11 data from '08, so sometimes there's a couple of years lag
12 before they actually write the report.

13 I've gone to the different conferences and
14 tried to make contacts with people that are doing
15 projects. I know I've reached out to Tanya and some
16 other folks, as I mentioned CSH, to send examples of
17 research and any kind of data that we can get our hands
18 on, and then I'll try to make it flow real nice and
19 smooth and natural for the biennial plan.

20 MR. IRVINE: I think that Texas data is
21 obviously more compelling to Texas legislators than data
22 from other areas. And even though they might not keep it
23 on a uniform basis, I'm pretty confident that
24 participants in the Housing Homeless Services Program,
25 the HHSP, in the eight large cities have got a lot of

1 good data that they use to help make their case for
2 funding, and I would suggest that you construct a pretty
3 simple small spreadsheet to ensure consistency and say:
4 Please provide what you've got on these data points.

5 MS. RICHARD: Any other suggestions? Everyone
6 okay with the direction I'm going with it? Well, you can
7 pick it apart then in April and then we'll see how it
8 shakes out in April. But in the meantime, feel free to
9 call me, email me and send in other information that you
10 might have.

11 MR. IRVINE: So when is the next meeting?

12 MS. RICHARD: April 13. That is a Wednesday.

13 MR. IRVINE: And don't forget, if you've got
14 anything you want on that agenda, shoot it to Terri or me
15 and we'll make sure it gets on there.

16 MS. RICHARD: Did you want to see if we did
17 have any public comment today?

18 MR. IRVINE: Any additional public comment? I
19 want to reinforce that this is an open process and public
20 comment can occur at any time.

21 MS. OPOT: Terri, this is Kelly with CSH. In
22 the Housing First discussion earlier, I just wanted to
23 make this announcement to everyone that there is a
24 Housing First Partners Conference that happens every two
25 years and it's happening this year on March 22 through 25

1 in Los Angeles, and there's a wide array from states,
2 from direct service to research, a lot of information on
3 Housing First and Housing First has worked and does work
4 nationally and internationally. It's a really good
5 conference, and even if you can't go to the conference,
6 staying abreast with who is presenting and what they're
7 presenting could give you some resources but also some
8 general resources. I'm not sure about Googling Housing
9 First but that might be one place, the Housing First
10 Partners Conference.

11 MS. RICHARD: Okay, great. Thank you.

12 MR. IRVINE: Have we covered it?

13 MS. RICHARD: I think so.

14 MR. IRVINE: Well, thank you all so much, and
15 don't forget to spend some time with the Google learning
16 about Housing First. See you in April.

17 (Whereupon, at 11:45 a.m., the meeting was
18 adjourned.)

